



# MANNA

## KNOW THE LORD: KEEP OUR MINDS STAYED ON HIM

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To know the Lord is to know the many benefits of keeping Him on our minds. When our minds are stayed on Jesus Christ, we have access to the truth, help through the journey and a continual fountain of peace, hope, joy, and so much more available to us. Attached are some nuggets that will help us to know God and of His promises as we keep our minds on Him.

[Terrian - Stayed on Him](#)



1 <a href="#">Romans 8:39-39</a> FASTING	7 <a href="#">Psalm 94:22</a>	13 <a href="#">Psalm 62:8</a>	19 <a href="#">Matthew 11:29-30</a>	25 <a href="#">John 15:5</a>
2 <a href="#">Psalm 36:7</a> FASTING	8 <a href="#">Hebrews 4:15</a>	14 <a href="#">Jude 24-25</a>	20 <a href="#">Isaiah 55:2</a>	26 <a href="#">Psalm 31:24</a>
3 <a href="#">Hebrews 3:6</a> FASTING	9 <a href="#">Ephesians 1:18</a>	15 <a href="#">Jeremiah 33:3</a>	21 <a href="#">Luke 1:37</a>	27 <a href="#">I Corinthians 15:57</a>
4 <a href="#">Deut. 29:29</a>	10 <a href="#">Isaiah 61:10</a>	16 <a href="#">I Corinthians 13:12</a>	22 <a href="#">Ephesians 1:17-18</a>	28 <a href="#">Psalm 119:10-12</a>
5 <a href="#">Deut.31:8</a>	11 <a href="#">Exodus 33:14</a>	17 <a href="#">I Peter 5:6-7</a>	23 <a href="#">Matthew 28:20</a>	
6 <a href="#">Colossians 3:23-24</a>	12 <a href="#">Psalm 16:8</a>	18 <a href="#">Psalm 42:5</a>	24 <a href="#">Psalm 28:7</a>	